

DIABETES 101 SERIES MEANINGFUL CONVERSATIONS

APRIL 25, 2019 13:30 – 15:00

The sixth session of Diabetes 101 explores how to talk with people living with diabetes and help them to live well.

Learning Outcomes

- 1. Understand the emotional impact of a diagnosis of diabetes
- 2. Learn about the Spirit of Motivational Interviewing
- 3. Learn useful tools and tips of communicating with clients and motivating them to make healthy changes.

Presented By: Marie Caluttung RN

Marie Caluttung graduated from the University of Alberta with a Bachelor of Nursing Degree in 2001.She has been working with First Nations and Inuit Health for 10 years and has vast experience in Nursing within various settings of Community Health. She has a strong interest in teaching and learning. Outside of Nursing she has 2 busy boys named Xavier and Xander age 7 and 4. Their enthusiasm for life and the world around them reminds her of the importance of looking at the world with curiosity.

Previous Sessions: Have you missed any of the other sessions in the Diabetes 101 series? Visit the Diabetes 101 series page on the FNTN portal. The series page offers quick access to any recorded videos and handouts in the series.

Session 6 of 10 in the Diabetes 101 series

To register for this session visit the First Nations Telehealth Network Portal at <u>www.fntn.ca</u>

This session will be recorded and available for future viewing on the First Nations Telehealth Network Portal

Audio lines and live streaming will be available for those who cannot attend via videoconference

Subscribe to the First Nations Telehealth Network to receive all information on the Diabetes 101 series

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